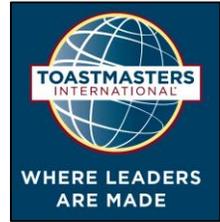


# Welcome Guest

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## Southern Lights Toastmasters Club

Club website: <http://www.southernlights.ca>

Toastmaster's International website:

<http://www.toastmasters.org>

**By now you have probably met a few members of our club and been asked to sign the guest book. You will be formally introduced to the club early in the evening's program. In the meantime, relax and review the contents of this package or meet other members of the club as they arrive for tonight's meeting.**

Southern Lights Toastmaster's club was chartered in December 1979. It is one of over 287 clubs in a district that extends across northern Alberta and Saskatchewan. Our meeting season begins in early September and runs to the middle of June, although new members may join at any time during the year.



During the course of the evening we follow a regularly scheduled program which is divided into two portions. The first portion features administrative and business tasks and provides the opportunity for participants to practice speaking in special situations such as offering the Toast or using their impromptu speaking skills in the Table Topics session. The second portion features the prepared speeches and speaker evaluations, which is crucial to our success as toastmasters. A typical agenda is shown on the next page and the actual agenda for tonight's meeting can be found on the table in front of you.

Your role as a visitor is to observe, enjoy and learn. However, should you wish to participate in Table Topics you are welcome to do so. Simply let one of the executive members know of your interest. Later in the meeting you will be asked to share your observations and impressions of our club and of tonight's meeting. You are welcome to attend as a guest as often as you wish. Should you decide to join the club, please ask the VP Membership or any other club member for an application form.

Thanks for attending and we hope you will come back.

## Meeting Format

Most of our weekly meetings follow a set schedule. Each week members take on different roles in order to practice their communication and leadership skills. It is the job of the VP Education to arrange and organize the weekly agenda. Most meetings are about two hours in length.

## Typical Agenda

- The meeting is opened by the Sergeant-at-Arms
- The President welcomes members and guests
- A club or practice business session is sometimes held at this time
- The Toastmaster (MC) is introduced and presides over the meeting
- A Table Topics session is held to practice impromptu speaking
- Next, the Table Topic Evaluator critiques the table topic speakers
- There's a break for 10-minutes
- The prepared speakers are introduced, which sometimes includes educational instruction
- Speech evaluators are introduced and they critique the prepared speakers
- Towards the end of the meeting, the General Evaluator is introduced and along with other assistants, who provide feedback about the meeting's content
- The President closes the meeting.

## Club Executive Committee

<b>President</b>	Nigel Bowles 780-499-5259 <a href="mailto:nigel.bowles@shaw.ca">nigel.bowles@shaw.ca</a>
<b>VP Education</b>	Pat Cunningham
<b>VP Membership</b>	Nicole Tarbox 780-952-7847 <a href="mailto:nicole.tarbox@gmail.com">nicole.tarbox@gmail.com</a>
<b>VP Public Relations</b>	Darryl Hauge
<b>Treasurer</b>	Bob Wang
<b>Secretary</b>	Marlene Petruch
<b>Sgt-at-Arms</b>	Lesley Revel
<b>Past President</b>	Vishwadha Busawon

## Southern Lights Toastmasters Club

We meet every Wednesday, September through June at 6:30 pm  
Providence Renewal Centre, 3005 – 119 Street NW, Edmonton.